

ETERNALLY SPIRITUAL - HOLISTIC THERAPIES - PRICE LIST



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INDIAN HEAD MASSAGE £30

The practice of Indian Head Massage stimulates blood flow to the scalp, neck, and shoulders, enhancing circulation to these areas. Improved blood flow not only nourishes the tissues but also facilitates the removal of toxins, thereby supporting the body's natural detoxification processes.

HOPI EAR TREATMENT £30

Hopi Ear Candling is a gentle relaxing, non-invasive soothing treatment which can offer relief to any problems in the ear, nose and throat areas. It also calms the mind to combat stress and deeply relaxes all your senses.

CRYSTAL THERAPIES

Crystal Therapy is the ancient art of laying-on-of-stones. Gems, stones and crystals are laid on the body over the chakra points. Each crystal has its own unique healing properties based on the energy or vibrations it both attracts and releases.

CRYSTAL FACIAL £45

Why choose a Crystal Facial? A Crystal Facial can improve the skin texture, increase circulation (therefore more nutrients and oxygen are brought to the skin cells), boosts cellular activity which will help with skin rejuvenation, relax tense muscles and increase Lymphatic Drainage thus aiding with the removal of toxins and waste products. The Crystal Facial can improve the skin but also overall wellbeing. During the facial you will deeply relax and receive the healing energy flow during the Chakra Balance.

CRYSTAL REIKI £45

Your practitioner may use crystals during your Reiki session. Crystals are thought to add an extra element of healing to the treatment by helping to release emotional, mental, or spiritual blocks. Crystals may be placed on or around your body, or you may be asked to hold a crystal.

REIKI Reiki (30m) £30 Reiki (60m) £55

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive. Reiki treats the whole person including body, emotions, mind and spirit, creating many beneficial effects that include feelings of peace, security and wellbeing.

LEARN REIKI – USUI Levels: I, II & Master - Courses and prices available on request.

PSYCHIC SURGERY £45

Where an energy therapist directs divine light and truth upon chakra and biofield issues helping the client to co-create on a vibratory level, a brand-new path of joy, peace, relaxation and healing. A treatment full of healing and relaxation combined with strengthening the body's ability to heal itself.

PSYCHIC READINGS (40-50m) £40 PSYCHIC PARTIES - Price TBC dependant on travel distance.

Angel, Oracle and Tarot Cards are used in readings, where Jillian connects with her Guides and Spirit via automatic writing and sometimes transfiguration.

BOOKINGS - We highly recommend booking your treatment in advance to ensure that your preferred time is available. Your wellbeing is our priority so please inform us of any medical conditions or medication you are taking. We may require a booking fee for some appointments. Pricing is subject to change at any point.

CANCELLATIONS - Please advise us of any cancellations at least 48 hours prior to your appointment. ALL Cancellations within 24 hours will incur a small booking fee.